**ICSK-L2 Tutor or Peer Observation of Skills**

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| Name of helper:Name of helpee:  | Tutor/peer:  Date:  |

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| Comment on how the helper: | criteria | 🗸or x | Feedback–Give examples wherever possible |
| Outlined their limits of ability | 1.2 |  |  |
| Set the time boundary and explained confidentiality and its limits | 2.1 |  |  |
| Invited helpee to begin | 4.1 |  |  |
| Listened attentively | 6.2 |  |  |
| Used non verbal communication and minimal encouragers | 6.1 |  |  |
| Communicated empathic understanding(reflected) | 3.2 |  |  |
| Paraphrased and/or restated | 6.3 |  |  |
| Used questions appropriately | 6.4 |  |  |
| Kept the focus on the helpee’s needs and concerns | 4.2 |  |  |
| Summarised | 6.3 |  |  |
| Ended the helping session | 2.2 |  |  |
| **Describe something the helper did well in the session and identify something the helper could improve on.** |